



# Oswego Police Department

Chief Jeffrey R. Burgner



## Homeowners Association Newsletter

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Editor – Deputy Chief Kevin Norwood

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### Photo of the Month



#### 2020 Polar Plunge Team

Twelve members of the Oswego Police Department, along with family members participated in the 2020 Special Olympics Illinois Polar Plunge on Sunday, March 1<sup>st</sup>. Once again, the Fire Department was on hand to cut a large section of ice out of Loon Lake before the plunge.

Together with other local agencies who plunged at Loon Lake in Yorkville, we had 368 total plungers, raising over \$110,000 – well over our goal for two years in a row!

Thank you to all of those who participated, volunteered and who continue to support Special Olympics. #FreezinForAReason

### Did You Know??

The Oswego Police Investigations Team have been engaging Oswego residents in friendly online scavenger hunts and trivia games. Check our Facebook page and join us during the current Stay-at-Home Order.

<https://facebook-OswegoPolice>

### REMEMBER:

**YOU'RE NOT STUCK AT HOME,  
YOU'RE SAFE AT HOME!**

Comments or questions about this publication can be directed to Deputy Chief Kevin Norwood.

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### Coronavirus - Advice for Youth and Informational Link

For parents of young children, these uncertain times can be very difficult. We are all trying to understand this evolving situation, while also protecting our youth. Separation from school, family and friends can create a great amount of stress on youth. They often react, in part, on what they see from the adults around them. When parents and caregivers deal with the coronavirus disease 2019 calmly and carefully, they can provide the best support for their youth.

Below are a few ideas on how to best support youth;

- Talk with youth about the COVID-19 outbreak and teach them prevention
- Reassure youth that your family is practicing good prevention
- Moderate daily youth exposure to watching or listening to coronavirus stories
- Maintain regular family routines
- While schools are closed, create a schedule for learning and family fun activities
- Take breaks, get plenty of sleep, and exercise
- Eat healthy and well
- Connect youth with friends and family members through the phone or video chat
- Be a healthy role model

Youth can feel overwhelmed by their emotions during this time. If you have any questions or concerns about your youth, please feel free to contact the Kendall County Health Department.

For more information on COVID-19, please visit the Kendall County Health Department and the Centers for Disease Control (CDC) websites at:

<http://www.kendallhealth-coronavirus/>

<https://www.cdc.gov/>

### I Live Alone Program



Oswego Police offer wellness checks for seniors, at-risk residents who live alone.

The Village of Oswego is offering a daily check-in program for the duration of the State of Illinois Stay at Home order. This is offered for Village of Oswego residents who are seniors or those with medical concerns who may live alone. If you live alone or know someone who lives alone, enroll in the "I Live Alone" program.

Once signed up, you will receive a daily telephone call with a friendly check-in. If we do not receive an answer and have not been otherwise notified that you are away, after two attempts an officer will be dispatched to the home. If no contact is made at the home, the police will call the emergency contact number. If the emergency contact does not answer, the police will attempt to enter the home to check the well-being of the person.

Please contact the Oswego Police Department at 630-551-7300 to sign up for this free service.

We hope many seniors and their families will find this to be a comfort during this time.